



**DR. RAM MANOHAR LOHIA INSTITUTE OF MEDICAL SCIENCES**  
**VIBHUTI KHAND, GOMTI NAGAR, LUCKNOW 226010**

**UG Cell**

**Email ID-ugcelldrmlims@gmail.com**

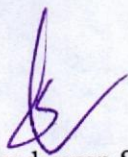
Ref. No. **651** /Dean/Dr.RMLIMS/2024

Date- **23** /09/2025

Notice

Instructions to Phase-I MBBS 2025 Batch Students

1. MBBS Batch 2025 will commence from 06<sup>th</sup> October 2025.
2. Students will report to the hostels on 04<sup>th</sup> & 05<sup>th</sup> October 2025 between 09:00AM to 02:00PM.(Instructions for hostel allotment will be available on Institute website)
3. Foundation course of MBBS Batch 2025 will be conducted from 06<sup>th</sup> October 2025 to 18<sup>th</sup> October 2025 in Lecture Theatre-5.
4. Regular classes of the above batch will be started from 24<sup>th</sup> October 2025 in Lecture Theatre-5 after Diwali vacation.
5. Instruction for Phase-I MBBS 2025 students is attached herewith.

  
(Prof. Pradyumn Singh)  
Dean  
Dr. RMLIMS, Lucknow  
Dr. Ram Manohar Lohia  
Institute of Medical Science,  
Lucknow (UP) India

Copy to:-

1. Director, Dr.RMLIMS.
2. Associate Dean (Academic), Dr.RMLIMS.
3. All HOD and U.G Co-ordinator, Dr.RMLIMS.
4. Controller of Examination, Dr.RMLIMS.
5. Chief Computer Programmer, Dr.RMLIMS.
6. Chief Warden (Girls & Boys) Hostel, Dr.RMLIMS.
7. Student Whatsapp Group.
8. All Notice Board, Dr.RMLIMS.

  
(Prof. Pradyumn Singh)  
Dean  
Dr. RMLIMS, Lucknow



## Dr Ram Manohar Lohia Institute of Medical Sciences Lucknow

*The Directors, Dean, Faculty and the staff congratulate you on securing admission to the prestigious Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow.*

### Phase and Subjects covered-

|                                            |   |                                                                               |
|--------------------------------------------|---|-------------------------------------------------------------------------------|
| <b>1<sup>st</sup> Professional</b>         | : | Anatomy, Biochemistry, Physiology                                             |
| <b>2<sup>nd</sup> Professional</b>         | : | Pathology, Microbiology, Pharmacology                                         |
| <b>3<sup>rd</sup> Professional Part-I</b>  | : | Community Medicine, Forensic Medicine, E.N.T.,<br>Ophthalmology               |
| <b>3<sup>rd</sup> Professional Part-II</b> | : | General Medicine, General Surgery, Obstetrics and<br>Gynaecology, Paediatrics |

### Timetable of 1<sup>st</sup> Professional

| TIME/<br>DAY | LECTURE/LE<br>CTURE<br>DEMO | LECTURE/LE<br>CTURE<br>DEMO | PRACTICALS/TUTO<br>RIALS |  | 1300H –<br>1400H | DISSECTION/<br>LECTURE<br>DEMO/DOAP/<br>SDL | LEC DEMO                                           |
|--------------|-----------------------------|-----------------------------|--------------------------|--|------------------|---------------------------------------------|----------------------------------------------------|
|              | 0900H – 0955H               | 0955H – 1100H               | 1100H – 1300H            |  |                  | 1400 H –<br>1600H                           | 1600H – 1700H                                      |
| MON          | PHYSIOLOGY                  | ANATOMY                     | BATCH-A AN               |  | LUNCH            | ANATOMY                                     | ANATOMY                                            |
|              |                             |                             | BATCH-B PY               |  |                  |                                             |                                                    |
|              |                             |                             | BATCH-C BIO              |  |                  |                                             |                                                    |
| TUE          | BIOCHEMIST<br>RY            | ANATOMY                     | BATCH-B AN               |  |                  | ANATOMY                                     | PHYSIOLOGY                                         |
|              |                             |                             | BATCH-C PY               |  |                  |                                             |                                                    |
|              |                             |                             | BATCH-A BIO              |  |                  |                                             |                                                    |
| WED          | ANATOMY                     | BIOCHEMIST<br>RY            | BATCH-C AN               |  |                  | PHYSIOLOGY                                  | Physiology (LEC)/<br>PY(AETCOM)/<br>PY (ECE)       |
|              |                             |                             | BATCH-A PY               |  |                  |                                             |                                                    |
|              |                             |                             | BATCH-B BIO              |  |                  |                                             |                                                    |
| THU          | ANATOMY                     | PHYSIOLOGY                  | BATCH-A AN               |  |                  | ANATOMY                                     | BIOCHEMISTRY<br>(LEC)/<br>BI (AETCOM)/<br>BI (ECE) |
|              |                             |                             | BATCH-B PY               |  |                  |                                             |                                                    |
|              |                             |                             | BATCH-C BIO              |  |                  |                                             |                                                    |
| FRI          | PHYSIOLOGY                  | PHYSIOLOGY                  | BATCH-B AN               |  | ANATOMY          | ANATOMY                                     |                                                    |
|              |                             |                             | BATCH-C PY               |  |                  |                                             |                                                    |
|              |                             |                             | BATCH-A BIO              |  |                  |                                             |                                                    |
| SAT          | 08:00H-1100H                |                             | 1100H-1200H<br>(LECTURE) |  | 12:00H-1400H     |                                             |                                                    |
|              | COMMUNITY MEDICINE          |                             | PHYSIOLOGY               |  | BATCH-C AN       |                                             |                                                    |
|              |                             |                             |                          |  | BATCH-A PY       |                                             |                                                    |
|              |                             |                             |                          |  | BATCH-B BIO      |                                             |                                                    |
| SUN          | HOLIDAY                     |                             |                          |  |                  |                                             |                                                    |

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Dr. Rashmi Kumari  
Sub-Dean  
Member Secretary  
U.G. Committee  
Dr. RMLIMS, Lucknow

Prof. (Dr.) Vineeta Mittal  
Associate Dean (Academic)  
Dr. RMLIMS, Lucknow



## **Attendance**

There shall be a minimum of 75% attendance in theory and 80% attendance in practical for eligibility to appear for the examinations in that subject. In subjects that are taught in more than one phase - the student must have 75% attendance in theory and 80% attendance in practical in each phase of instruction in that subject. There shall be a minimum of 75% attendance in AETCOM and minimum of 80% attendance in family visits under Family adoption program.

## **Vacations-**

Summer vacation – 1 week

Diwali and Holi – 1 week

Preparatory leave- 2 week

## **Mentorship program**

Mentor- Mentee program shall be carried out judiciously, with the ratio of 1 Mentor to 3 mentees. Mentor may be selected from all disciplines from the level of Professor/ HOD to Assistant Professor. Mentor shall be allotted his mentees during the foundation course itself from Phase 1. The mentee shall stay connected with the Mentor throughout his career till he completes CRMI. The senior batch students shall support the junior students and create a healthy sibling environment (instead of ragging).

## **Foundation Course-**

Dr.RMLIMS shall organize admission timing and admission process in such a way that teaching in the phase I commences with induction through the Foundation Course at the beginning of academic year. The Foundation Course shall have a minimum of 75% attendance of all students mandatorily. This will be certified by the Principal/Dean of the college.

**Foundation course of MBBS Batch 2025 will be conducted from 06<sup>th</sup> October 2025 to 18<sup>th</sup> October 2025 in Lecture Theatre-5.**

## **Regular Class-**

Regular Class will be started on 24<sup>th</sup> October 2025 in Lecture Theatre-5.

## **Fresher's Day-**

To welcome the first year MBBS students to Dr. RMLIMS, Lucknow family, a Fresher's Day celebration will be with in two month after the admission.



## **DRESS CODE FOR STUDENTS**

**It is mandatory for all students to wear uniform in college campus and hospital.**

### **Uniform-**

#### **For Boys**

##### **1 Winter Dress**

- Trousers/Full sleeves shirts with Pullover/Blazer.
- Black Shoes with laces. No Sandals allowed.

##### **2. Summer Dress**

- Trousers with tucked in Full/ Half Sleeves Shirt.
- Black Shoes with laces.

#### **For Girls**

##### **1. Winter Dress**

- Salwar Kameez with Dupatta, Pullover/Blazer.
- Black Shoes with or without laces (No Sandals are allowed).

##### **2. Summer Dress**

- Salwar Kameez with Dupatta.
- Black Shoes with or without laces.

### **Mandatory Instruction-**

1. Students should come to attend the college/ clinics in decent professional attire (Formal Cloths).
2. Wearing Chappals/Sport Shoes/ Caps/Jeans/T-Shirts is not allowed.
3. It is mandatory to wear a clean, well ironed Apron while in the college & hospital.
4. Boys should shave everyday (any religious binding is exempted) and maintain personal hygiene.



**IMPORTANT UPDATE REGARDING PRESCRIBED TEXTBOOKS AND GENERAL  
INFORMATION FOR MBBS BATCH 2025**

**Department of Anatomy**

**I. Books recommended for 1<sup>st</sup> year MBBS students**

**Text books:**

- |                    |                                                                                                                                                                                                                                                            |
|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Gross Anatomy   | Cunningham's manual of Practical Anatomy (Vol. I, II & III)/<br>Thieme Dissector (Vol. I, II & III)<br>Yogesh Sontakke Textbook of Gross anatomy (Vol. I-V)<br>Inderbir Singh's/ Vishram Singh's Textbook of Anatomy 4 <sup>th</sup> ed (Vol. I, II & III) |
| 2. Histology       | Inderbir Singh's Textbook of Human Histology/GP Pal Textbook of Histology/Textbook of Human Histology Yogesh Sontakke                                                                                                                                      |
| 3. Neuroanatomy    | Inderbir Singh's/ Vishram Singh's Textbook of Human Neuroanatomy<br>Illustrated Textbook of Neuroanatomy: G P Pal                                                                                                                                          |
| 4. Embryology      | Langman's Medical Embryology: TW Sadler/ Textbook of Human Embryology Yogesh Sontakke                                                                                                                                                                      |
| 5. Genetics        | Medical Genetics: G P Pal                                                                                                                                                                                                                                  |
| 6. General Anatomy | Vishram Singh, 3 <sup>rd</sup> Ed/ BDC Handbook of General Anatomy 7 <sup>th</sup> ed                                                                                                                                                                      |
| 7. Osteology       | Human Osteology NA Faruqi 4 <sup>th</sup> ed                                                                                                                                                                                                               |

**Reference books:**

1. Clinical Anatomy by Regions: Richard Snell
2. Moore's Clinically oriented Anatomy (Vol. I, II & III)
3. Lee McGregor's Synopsis of Surgical Anatomy. 12<sup>th</sup> Edition
4. Gray's Anatomy for students: 5<sup>th</sup> South Asia edition
5. Last's Anatomy 12<sup>th</sup> : Sinnathamby
6. Grants Method of Anatomy, 14<sup>th</sup> Edition: Basmajian
7. Gray's Clinical Photographic Dissector of the Human Body by Loukas
8. Basic Histology Text & Atlas, 13<sup>th</sup> Edition: Junqueira
9. Atlas of Histology with functional correlation. International Edition 13<sup>th</sup> Edition: Di Fiore's
10. Before we are born: Essentials of Embryology & Birth Defects. 9<sup>th</sup> Edition: Moore, Persaud
11. Clinical Neuroanatomy 6<sup>th</sup> Edition: Snell
12. Atlas of Anatomy, 3<sup>rd</sup> Edition: Anne M. Gilroy, Lawrence M. Ross.

Practical Manuals and Log Book will be provided by the Department.

**II. Dissection Instruments**

Dissection kit should include:

1. Scalpel with Blade no. 11 and 23
2. Forceps (2): toothed, pointed & non-toothed (medium size)
3. Scissors (2): blunt & sharp (small)
4. Mounted needle

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5. Brush
6. Inch tape

### III. Stationery

Students should have the following stationery with them:

Registers: 9

Histology (H & E pencils)

Color pencils (Faber Castell)

### IV. Instructions to Students:

1. Punctuality and discipline should be always maintained by the students.
2. Students should be dressed in formals (boys: collared shirt and dark colored trousers with formal shoes; girls: suit – salwar with dupatta and shoes)
3. T-shirts, jeans, leggings, sleeve-less dresses, sport shoes are not allowed for both boys and girls.
4. Students are advised to tie their loose hair back.
5. Students are expected to wear a white long sleeved, knee length apron.
6. Students should have their own dissection kit and gloves.
7. Gloves should be thrown into the trash can after use and should not be reused.
8. Students should bring their gross anatomy and histology manuals daily to respective labs.
9. Each student must bring along the following essential items for personal protection:  
3-ply facemasks, Hand sanitizer



## Department of Physiology

### Book recommended for 1<sup>st</sup> year MBBS students

#### A. Textbook

1. Guyton and hall textbook of Medical Physiology  
(3<sup>rd</sup> south Asian Edition)
2. Ganong's Review Medical Physiology 26<sup>th</sup> Edition (Reference Book)
3. Principal of Medical Physiology by Sabyasachi Sircar.
4. Indu Khurana Textbook of Physiology.
5. Dr. G K Pal Textbook of Physiology (Volume I & II).
6. Dr. A.K. Jian Textbook of Physiology (Volume I & II).
7. Textbook of Medical Physiology, D. Venkatesh/HH Sudhakar.

#### B. Practical Book of Physiology-

1. Practical Manual Dr. RMLIMS.
2. Dr. G.K. Pal Practical Book.
3. Dr. A.K. Jian Practical Book.
4. C.L. Ghai
5. Clinical Hutchinson.



## Department of Biochemistry

### Books recommended for 1<sup>st</sup> year MBBS students

#### Textbook:

1. Textbook of Medical biochemistry-**Dinesh Puri** 3<sup>rd</sup> Edition.
2. Textbook of Biochemistry- **Dr. S.K. Gupta** 2<sup>nd</sup> Edition.

#### Reference books:

1. Lippincott's Illustrated Reviews South Asian Edition (Biochemistry)- Denise R. Ferrier SAE Editors.
2. Textbook of Biochemistry- Rafi MD.



### **Information of Anti Ragging**

1. Dr. RMLIMS is a ragging-free campus. In case of any problem students can contact any members of the anti-ragging squad.

| S.No. | Name of Members      | Anti Ragging Squad | Designation                                           | Contact No. |
|-------|----------------------|--------------------|-------------------------------------------------------|-------------|
| 1.    | Dr. Anupam Das       |                    | Professor<br>Department of Microbiology               | 9919188814  |
| 2.    | Dr. Amit Kaushik     |                    | Professor<br>Department of Community Medicine         | 8887983266  |
| 3.    | Dr. Nidhi Anand      |                    | Professor<br>Department of Pathology                  | 9450994448  |
| 4.    | Dr. Nikhil Gupta     |                    | Professor<br>Department of General Medicine           | 9935568572  |
| 5.    | Dr. Anamika Gaharwar |                    | Professor (Jr Grade)<br>Department of Anatomy         | 9235919411  |
| 6.    | Dr. Vibha Gangwar    |                    | Professor (Jr Grade)<br>Department of Physiology      | 9412566505  |
| 7.    | Dr. Neha Singh       |                    | Professor (Jr Grade)<br>Department of Radiodiagnosis  | 9451948805  |
| 8.    | Dr. Rudramani        |                    | Professor (Jr Grade)<br>Department of General Surgery | 6388165727  |

2. The squad will have vigil, oversight and patrolling functions. It shall be mobile, alert and active always and is empowered to inspect places of potential ragging and make surprise raids on hostels and other hot spots. The Squad shall investigate incidents of ragging and make recommendations to the Anti-Ragging Committee and shall work under the overall guidance of the Anti-Ragging Committee. (In accordance with letter no.373/Dean/C-/RMLIMS/2025 dated 21/01/2025).

### **Administrative action in the event of ragging. -**

1. The institution shall punish a student found guilty of ragging after following the procedure and in the manner prescribed hereinunder:
  - The Anti-Ragging Committee of the institution shall take an appropriate decision, regarding punishment or otherwise, depending on the facts of each incident of ragging and nature and gravity of the incident of ragging established in the recommendations of the Anti-Ragging Squad.
  - The Anti-Ragging Committee may, depending on the nature and gravity of the guilt established by the Anti-Ragging Squad, award, to those found guilty, one or more of the following punishments, namely.
    - a. Suspension from attending classes and academic privileges.
    - b. Withholding/ withdrawing scholarship/ fellowship and other benefits.
    - c. Debarring from appearing in any test/ examination or other evaluation process.
    - d. Withholding results.



- e. Debarring from representing the institution in any regional, national or international meet, tournament, youth festival, etc.
- f. Suspension/ expulsion from the hostel.
- g. Cancellation of admission.
- h. Rustication from the institution for period ranging from one to four semesters.
- i. Expulsion from the institution and consequent debarring from admission to any other institution for a specified period. Provided that where the persons committing or abetting the act of ragging are not identified, the institution shall resort to collective punishment.
2. An appeal against the order of punishment by the Anti-Ragging Committee shall lie,
  - a. in case of an order of an institution, affiliated to or constituent part, of a university, to the Vice-Chancellor of the University.
  - b. in the case of an order of a university, to its Chancellor.
  - c. in case of an institution of national importance created by an Act of Parliament, to the Chairman or Chancellor of the institution.
3. Where an institution, being constituent of, affiliated to or recognized by a university, fails to comply with any of the provisions of these Regulations or fails to curb ragging effectively, such University may take any one or more of the following actions, namely.
  - a. Withdrawal of affiliation/recognition or other privileges conferred.
  - b. Prohibiting such an institution from presenting any student or students then undergoing any program of study therein for the award of any degree/diploma of the University. Provided that where an institution is prohibited from presenting its students or students, the Commission shall make suitable arrangements for the other students to ensure that such students are able to pursue their academic studies.
  - c. Withholding grants allocated to it by the university, if any
  - d. Withholding any grants channelized through the university to the institution.
  - e. Any other appropriate penalty within the powers of the university.
4. Where in the opinion of the appointing authority, a lapse is attributable to any member of the faulty or staff of the institution, in the matter of reporting or taking prompt action to prevent an incident of ragging or who display an apathetic or insensitive attitude towards complaints of ragging, or who fail to take timely steps, whether required under these Regulations or otherwise, to prevent an incident or incidents of ragging, then such authority shall initiate departmental disciplinary action, in accordance with the prescribed procedure of the institution, against such member of the faulty or staff.
  - a. Provided that where such lapse is attributable to the Head of the institution, the authority designated to appoint such Head shall take such departmental disciplinary action; and such action shall be without prejudice to any action that may be taken under the penal laws for abetment of ragging for failure to take timely steps in the prevention of ragging or punishing any student found guilty of ragging.
  - b. The Commission shall, in respect of any institution that fails to take adequate steps to prevent ragging or fails to act in accordance with these Regulations or fails to punish perpetrators or incidents of ragging suitably, take one of more of the following measures, namely.
    - i. Withdrawal of declaration of fitness to receive grants under section 12B of the Act.
    - ii. Withholding any grant allocated.
    - iii. Declaring the institution ineligible for consideration for any assistance under any of the general or special assistance programs of the Commission.
    - iv. Informing the public, including potential candidates for admission, through a notice displayed prominently in the newspapers or other suitable media and posted on the website



of the Commission, declaring that the institution does not possess the minimum academic standards.

- v. Taking such other action within its powers as it may deem fit and impose such other penalties as may be provided in the Act for such a duration of time as the institution complies with the provisions of these Regulations.
- vi. Provided that the action taken under this clause by the Commission against any institution shall be shared with all Councils.

**SAY NO TO RAGGING**

**YES TO JOYFUL CAMPUS**

**What is Ragging?**  
Any Act Resulting in:

- Mental/physical/sexual Abuse
- Verbal Abuse
- Indecent Behavior
- Criminal Intimidation/Unlawful Restraint
- Undermining Human Dignity
- Financial Exploitation/Extortion
- Use Of Force

**A STUDENT INVOLVED IN RAGGING CAN BE:**

- Cancellation of admission
- Suspension from attending classes
- Blacklisting/unaffiliation
- Discontinuation of scholarship and other benefits
- Detention from appearing in any test/examination or other educational process
- Withholding results
- Expulsion from the institution
- Criminal, legal or international arrest, prosecution or punishment
- Criminal prosecution when the person committing or abetting the crime of ragging is not identified by the institution which report to competent authorities as a deterrent to bring community pressure to potential raggers

**UGC Anti-Ragging Helpline**  
1800-190-5522 (Toll Free)  
Or Send an e-mail to [helpdesk@anti-ragging.in](mailto:helpdesk@anti-ragging.in)

Ministry of Education  
Government of India

विश्वविद्यालय अनुदान आयोग  
University Grants Commission  
Quality Higher Education for all

**Foolishly I ragged & got suspended**

Will I get prosecuted?  
What about my Job prospects?

**SAY NO TO RAGGING**

**MY FUTURE IS A BIG ?**

**Remember RAGGING is for LOSERS**

Visit UGC Website i.e. [www.ugc.ac.in](http://www.ugc.ac.in) & [www.anti-ragging.in](http://www.anti-ragging.in) to see UGC Anti Ragging regulations.  
Are You Being Ragged?  
Immediately call UGC Anti Ragging Helpline: 1800-190-5522 (Toll Free)  
Or Send an e-mail to [helpdesk@anti-ragging.in](mailto:helpdesk@anti-ragging.in)

Ministry of Education  
Government of India

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University Grants Commission  
Quality Higher Education for all

**DON'T RAG, JUST INTERACT**

**RAGGING IS AN INFORM IS PUNISHABLE**

Visit UGC website i.e. [www.ugc.ac.in](http://www.ugc.ac.in) & [www.anti-ragging.in](http://www.anti-ragging.in) to see UGC Anti Ragging Regulations

**Are you being ragged?**  
Immediately call UGC Anti Ragging Helpline: 1800-190-5522 (Toll Free)  
Or Send an e-mail to [helpdesk@anti-ragging.in](mailto:helpdesk@anti-ragging.in)

**Download ANTI RAGGING App**

Join hands to make your campus ragging free

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University Grants Commission  
Quality Higher Education for all

**SAY NO TO RAGGING**

**BEFORE YOU EVEN THINK OF RAGGING**

**THINK OF**

- Humiliation
- Suspension
- Blacklisting
- Ruined Career
- Possible Prosecution
- Expulsion

**Don't just stand and watch. Stop Ragging! Show Character**

**Remember RAGGING is for LOSERS**

Visit UGC Website i.e. [www.ugc.ac.in](http://www.ugc.ac.in) & [www.anti-ragging.in](http://www.anti-ragging.in) to see UGC Anti Ragging regulations.  
Are You Being Ragged?  
Immediately call UGC Anti Ragging Helpline: 1800-190-5522 (Toll Free)  
Or Send an e-mail to [helpdesk@anti-ragging.in](mailto:helpdesk@anti-ragging.in)

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University Grants Commission  
Quality Higher Education for all