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Ref. No. 11 S/U.G./Dr.Rmlims/2020

Date- 12/12/2020

To,

The Dean
Dr. RMLIMS,
Lucknow.

Respected Madam,

This is to inform you that an update for MBBS-2020 batch students regarding Prescribed Textbooks and General Information is required to be put up for display on Institutional website. This is for your information and necessary action please.

Navbir
(Dr. Navbir Pasricha)
Member Secretary, UG Committee

Rajan
(Prof. Rajan Bhatnagar)
Chairman, UG Committee

*Please put up on
the student portal for
new batch 20-2021
MBBS*

*For
21/12/21
UP*

**IMPORTANT UPDATE REGARDING PRESCRIBED TEXTBOOKS AND GENERAL
INFORMATION FOR MBBS BATCH 2020-21**

Department of Anatomy

I. Books recommended for 1st year MBBS students

Text books:

- | | |
|---------------------------------|--|
| 1. Gross Anatomy
Thieme | Cunningham's manual of Practical Anatomy (Vol. I, II & III)/
1. Dissector (Vol. I, II & III)
2. Inderbir Singh's/ Vishram Singh's Textbook of Anatomy (Vol. I, II & III) |
| 2. Histology
of | Inderbir Singh's Textbook of Human Histology/GP Pal Textbook |
| 3. Neuroanatomy
Neuroanatomy | 1. Histology
Inderbir Singh's/ Vishram Singh's Textbook of Human |
| 4. Embryology | 1. Illustrated Textbook of Neuroanatomy: G P Pal |
| 5. Genetics | Langman's Medical Embryology: TW Sadler |
| 6. General Anatomy | Medical Genetics: G P Pal |
| | Vishram Singh, 3 rd Edition |

Reference books:

1. Clinical Anatomy by Regions: Richard Snell
2. Gray's Anatomy for students: 2nd South Asia edition
3. Last's Anatomy 12th : Sinnathamby
4. Grants Method of Anatomy, 11th Edition: Basmajian
5. Gray's Clinical Photographic Dissector of the Human Body by Loukas
6. Basic Histology Text & Atlas, 10th Edition: Junqueira
7. Atlas of Histology with functional correlation. International Edition 9th Edition: Di Fiore's
8. Developing Human Clinically oriented Anatomy: Moore, Persaud
9. Before we are born: Essentials of Embryology & Birth Defects. 6th Edition: Moore, Persaud
10. Clinical Neuroanatomy 6th Edition: Snell
11. Pocket Guide to Anatomy Anatomy on the Go: Anne M. Gilroy
12. Atlas of Anatomy, 3rd Edition: Anne M. Gilroy, Lawrence M. Ross

Practical Manuals and Log Book will be provided by the Department.

II. Dissection Instruments

Dissection kit should include:

1. Scalpel with Blade no. 11 and 23
2. Forceps (2): toothed , pointed & non-toothed (medium size)
3. Scissors (2): blunt & sharp (small)
4. Mounted needle
5. Brush
6. Inch tape

III. Stationery

Students should have the following stationery with them:

Registers: 9

Histology (H & E pencils)

Color pencils (Faber Castell)

IV. Instructions to Students:

1. Punctuality and discipline should be maintained by the students at all times.
2. Students should be dressed in formals (boys: collared shirt and dark colored trousers with formal shoes ; girls: suit – salwar with dupatta and shoes)
3. T-shirts, jeans, leggings, sleeve-less dresses, sport shoes are not allowed for both boys and girls.
4. Students are advised to tie their loose hair back.
5. Students are expected to wear a white long sleeved, knee length apron.
6. Students should have their own dissection kit and gloves.
7. Gloves should be thrown into the trash can after use and should not be reused.
8. Students should bring their gross anatomy and histology manuals daily to respective labs.
9. Each student must bring along the following essential items for personal protection:
3- ply facemask, Face shields
Hand sanitizer

Books recommended for 1st year MBBS students

A. Text Book

1. Textbook of Medical Physiology / Arthur C. Guyton, John E. Hall.—13th edition

B. Text Book from MCI Competency Based Curriculum (Any One)

1. CC Chatterjee's Human Physiology, 13th Edition 2019.
2. Text Book of Physiology by Dr A K Jain 8th Edition 2019
3. Concise Textbook of Human Physiology Paperback: Fourth Edition 2019

Reference Book:

1. Ganong's Review of Medical Physiology, 26th Edition (LANGE Basic Science)

Practical Manual will be supplied by the Department.

Instructions for students:

1. Students must wear Aprons and should be well dressed.
2. They should bring Stethoscope, Pencil Torch, Knee Hammer, Measuring Tape and Lancet during Practical classes.
3. They should also bring Lab Manual on the regular basis.

Department of Biochemistry

Books recommended for 1st year MBBS students

Text book:

1. Text book of Medical biochemistry-**Dinesh Puri** 3rd ed
2. Text book of Biochemistry- **D M Vasudevan**

Reference books:

1. **Harper's** Illustrated Biochemistry 30th ed.
2. **Lippincott's** Illustrated Reviews (Biochemistry) 6th ed
3. Biochemistry by **Stryer** 7th ed
4. Principles of Biochemistry- **Lehninger** 7th ed.

DRESS CODE FOR STUDENTS

All students have to be in college uniform mandatorily for college functions/ college day etc as under:

BOYS: White shirt and grey trousers, college Tie, black formal shoes with Blazers in winter

GIRLS: Grey kurta with sleeves and white salwar with white dupatta, black shoes or bellies, Blazers in winter

For routine days the dress code is as under:

For Boys

1. Winter Dress

- Trousers/Full sleeves shirts with Pullover/Blazer and college Neck Tie.
- Black/Brown Shoes with laces. No Sandals allowed.

2. Summer Dress

- Trousers with tucked in Full/ Half Sleeves Shirt.
- Black/Brown Shoes with laces. No Sandals are allowed.

For Girls

1. Winter Dress

- Salwaar Kameez/Trousers/Full sleeves collared shirts with Pullover/Blazer.
- Covered Shoes with or without laces (High heel is not allowed)

2. Summer Dress

- Salwaar Kameez/Saree/Trousers with Full/ Half Sleeves Collared Shirt.
- Covered Shoes with or without laces (High heel is not allowed)

Students should come to attend the college/ clinics in decent professional attire. Wearing of Chappals/Sport Shoes/ Cads/Jeans/T-Shirts is not allowed. It is mandatory to wear a clean, well ironed Apron while in the college. Boys should shave everyday (any religious binding is exempted) and maintain personal hygiene.

Note:- Rules are subject to change from time to time.