



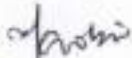
Ref. No. 339 /Dean/Dr.Rmlims/2023

Date- 14 /08/2023

Notice

Instructions to Phase-I MBBS Students (MBBS 2023 Batch)


1. MBBS Batch 2023 shall commence from 1st September 2023 as per NMC directions.
2. Students will report to the hostels on 1st September 2023 between 09:00AM to 02:00 PM.(Instructions for hostel allotment are attached)
3. Institute is celebrating literary, Cultural extravaganza ESPERANZA-2023 from 02nd September to 05th September 2023.
4. On 6th September 2023, Batch 2023 will be having department visits as per schedule-
Anatomy Department - 09 AM to 11 AM
Physiology Department - 11 AM to 01 PM
Biochemistry Department - 02 PM to 04 PM
5. Foundation course of MBBS Batch 2023 will be conducted from 08th September 2023 to 15th September 2023 in LT- 05.
6. From 16th September 2023, regular classes of MBBS Batch 2023 will commence.
7. List of recommended books of all 3, Phase I departments is attached herewith.


(Dr. Navbir Pasricha)
Sub-Dean


Member Secretary, U.G.Committee

Copy to:-

1. Director, Dr.RMLIMS.
2. Chairman, UG Committee, Dr.RMLIMS.
3. All HOD and U.G Co-ordinator, Dr.RMLIMS.
4. Controller of Examination, Dr.RMLIMS.
5. Chief Hostel Warden, Dr.RMLIMS.
6. Student Google & Whatsapp Group.
7. All Notice Board, Dr.RMLIMS.
8. Mr. Akhilesh for website


(Dr. Navbir Pasricha)
Sub-Dean
Member Secretary, U.G.Committee


(Prof. Rajan Bhatnagar)
Chairman, U.G. Committee


(Prof. Rajan Bhatnagar)
Chairman, U.G. Committee

IMPORTANT UPDATE REGARDING PRESCRIBED TEXTBOOKS AND GENERAL INFORMATION FOR MBBS BATCH 2023-24

Department of Anatomy

I. Books recommended for 1st year MBBS students

Text books:

- | | |
|--------------------|---|
| 1. Gross Anatomy | Cunningham's manual of Practical Anatomy (Vol. I, II & III)
Thieme Dissector (Vol. I, II & III)
Yogesh Sontakke Textbook of Gross anatomy (Vol. I-V)
Inderbir Singh's/ Vishram Singh's Textbook of Anatomy 4 th ed (Vol. I, II & III) |
| 2. Histology | Inderbir Singh's Textbook of Human Histology/GP Pal Textbook of Histology/Textbook of Human Histology Yogesh Sontakke |
| 3. Neuroanatomy | Inderbir Singh's/ Vishram Singh's Textbook of Human Neuroanatomy
Illustrated Textbook of Neuroanatomy: G P Pal |
| 4. Embryology | Langman's Medical Embryology:TW Sadler/ Textbook of Human Embryology Yogesh Sontakke |
| 5. Genetics | Medical Genetics: G P Pal |
| 6. General Anatomy | Vishram Singh, 3 rd Ed/ BDC Handbook of General Anatomy 7 th ed |
| 7. Osteology | Human Osteology NA Faruqi 4 th ed |

Reference books:

1. Clinical Anatomy by Regions: Richard Snell
2. Moore's Clinically oriented Anatomy (Vol. I, II & III)
3. Lee McGregor's Synopsis of Surgical Anatomy. 12th Edition
4. Gray's Anatomy for students: 5th South Asia edition
5. Last's Anatomy 12th : Sinnathamby
6. Grants Method of Anatomy, 14th Edition: Basmajian
7. Gray's Clinical Photographic Dissector of the Human Body by Loukas
8. Basic Histology Text & Atlas, 13th Edition: Junqueira
9. Atlas of Histology with functional correlation. International Edition 13th Edition: Di Fiore's
10. Before we are born: Essentials of Embryology & Birth Defects. 9th Edition: Moore, Persaud
11. Clinical Neuroanatomy 6th Edition: Snell
12. Atlas of Anatomy, 3rd Edition: Anne M. Gilroy, Lawrence M. Ross

Practical Manuals and Log Book will be provided by the Department.

II. Dissection Instruments

Dissection kit should include:

1. Scalpel with Blade no. 11 and 23
2. Forceps (2): toothed , pointed & non-toothed (medium size)
3. Scissors (2): blunt & sharp (small)
4. Mounted needle
5. Brush
6. Inch tape

III. Stationery

Students should have the following stationery with them:

Registers: 9
Histology (H & E pencils)
Color pencils (Faber Castell)

IV. Instructions to Students:

1. Punctuality and discipline should be maintained by the students at all times.
2. Students should be dressed in formals (boys: collared shirt and dark colored trousers with formal shoes ; girls: suit – salwar with dupatta and shoes)
3. T-shirts, jeans, leggings, sleeve-less dresses, sport shoes are not allowed for both boys and girls.
4. Students are advised to tie their loose hair back.
5. Students are expected to wear a white long sleeved, knee length apron.
6. Students should have their own dissection kit and gloves.
7. Gloves should be thrown into the trash can after use and should not be reused.
8. Students should bring their gross anatomy and histology manuals daily to respective labs.
9. Each student must bring along the following essential items for personal protection:
3- ply facemasks, Hand sanitizer

Department of Physiology

I. Books recommended for 1st year MBBS students

Text Book:

1. Guyton and Hall text book of Medical Physiology
(3rd south Asian Edition)
2. Ganong's Review Medical Physiology 26th Edition (Reference Book)
3. Principal of Medical Physiology By Sabyasachi Sircar.
4. Indu Khurana Text Book of Physiology.
5. Dr. G K Pal Tectbook of Physiology.
6. Dr. A.K. Jain Text Book of Physiology.
7. Textbook of Medical Physiology, D.Venkatesh/HH Sudhakar.

Practical Book of Physiology :-

1. Practical Manual DrRMLIMS.
2. Dr G K Pal Practical Book.
3. Dr. A. K. Jain Practical Book.
4. C.L. Ghai
5. Clinical Hutchinson

Department of Biochemistry

Text Book:

- 1. Text book of Medical Biochemistry- Dinesh Puri 3rd Edition.**
- 2. Text book of Medical Biochemistry – Dr. S.K. Gupta 2nd Edition.**

Reference Book

- 1. Lippincott Illustrated Reviews South Asian Edition (Biochemistry) – Denise R. Ferrier SAE Editors.**
- 2. Text Book of Biochemistry – Rafi MD.**

DRESS CODE FOR STUDENTS

All students have to be in college uniform mandatorily for college functions/ college day etc as under:

BOYS: White shirt and grey trousers, college Tie, black formal shoes with Blazers in winter

GIRLS: Grey kurta with sleeves and white salwar with white dupatta, black shoes or bellies, Blazers in winter

For routine days the dress code is as under:

For Boys

1. Winter Dress

- Trousers/Full sleeves shirts with Pullover/Blazer and college Neck Tie.
- Black/Brown Shoes with laces. No Sandals allowed.

2. Summer Dress

- Trousers with tucked in Full/ Half Sleeves Shirt.
- Black/Brown Shoes with laces. No Sandals are allowed.

For Girls

1. Winter Dress

- Salwaar Kameez/Trousers/Full sleeves collared shirts with Pullover/Blazer.
- Covered Shoes with or without laces (High heel is not allowed)

2. Summer Dress

- Salwaar Kameez/Saree/Trousers with Full/ Half Sleeves Collared Shirt.
- Covered Shoes with or without laces (High heel is not allowed)

Students should come to attend the college/ clinics in decent professional attire. Wearing of Chappals/Sport Shoes/ Cads/Jeans/T-Shirts is not allowed. It is mandatory to wear a clean, well ironed Apron while in the college. Boys should shave everyday (any religious binding is exempted) and maintain personal hygiene.

Note:- Rules are subject to change from time to time.

INTRUCTIONS FOR MBBS BATCH 2023-24 (BOYS' HOSTEL)

1. Students requiring hostel accommodation letter & seat allotment letter.
2. They have the **Hostel Allotment Form** and **Hostel Fee Form** from Hostel Staff in MBBS Boys Hostel office Dr SC Rai Building.
3. Hostel Allotment Form and Hostel Fee Form shall be duly filled by the student & submitted to Hostel Staff in MBBS Boys Hostel office, 1st floor, Dr SC Rai Building.
4. Hostel fee form duly signed by hostel authority will be presented to account section, Ground Floor Administrative Block during office hours by the candidate for submission of fee.
5. The duly filled Hostel Allotment form along with fee receipt copy and all other necessary documents (as listed below) have to be submitted in the hostel office.
6. The student shall be allotted room on first come first basis. Information regarding allotment will be communicated to the student and will be allowed in the hostel.
7. Parents or guardians shall not be allowed in the hostel.

Following documents need to be submitted along with hostel allotment form.

- 1 Admission letter.
- 2 NEET rank document
- 3 Aadhar copy (Student)
- 4 Aadhar copy (Father)
- 5 Aadhar copy (Mother)
- 6 Hostel fee payment receipt
- 7 Vehicle Undertaking receipt
- 8 Any other document

Protocols to be followed while staying in Hostel

- Bed and Mattress shall be provided by the institute.
- Chair, cupboard and desk shall be provided on Sharing basis by the institute.
- Student are expected not to roam around in the institute/hostel premises for no reason.
- Every students need to sign the inventory at the time of allotment of room.

Hostel leave rules

- No student is allowed to leave hostel without a consent letter from their parents.
- Proper leave application shall be submitted by the hosteller's at least 48 hours prior of their planned leave.
- The planned leave application shall be submitted to the caretaker and to be countersigned by assistant warden. In case of emergency leave, the application shall be sent by parents or approved local guardian either via mail or whatsapp/email : mbbsboyshostellucknow@gmail.com
- All the leaves that are sanctioned will be informed to the parents.
- Parents shall also be informed by the caretaker in case any boy is not found in the hostel for the night attendance without leave information.
- Students are expected to follow the hostel timing. Hostel gates will remain closed from 09:30 pm to 05:00 am. Strict disciplinary action shall be taken against the boys students who do not adhere to the hostel timing and do not follow the leave rules.

छात्रावास आवंटन प्रपत्र / Hostel Allotment Form

(To be filled in CAPITAL letters, including EMAIL)

Date:.....

Receipt Date/Time:.....

NAME

FATHER'S NAME

COURSE NAME

MBBS/Other

(Specify Other)

POST/STATUS

UG Student

(Attach copy of Admission Letter)

DURATION OF COURSE

DEPARTMENT

DATE OF ADMISSION

(Attach copy of receipt acknowledged admission report)

NEET RANK (Gen*/Category)

(Attach copy of NEET Rank Proof)

GENDER/MARITAL STATUS

MALE/FEMALE; MARRIED/UNMARRIED

MOBILE No.

EMAIL (in CAPITALS)

(Attach copy of Aadhaar/eAadhaar Letter)

AADHAAR No.

PERMANENT ADDRESS

Do you have own/family/ancestral house in Lucknow?

YES/NO

*: All India Rank

APPLICATION'S SIGNATURE

RECOMMENDATION OF
UG Cell with (Seal)

VECANT ROOM

DrSCRH.....

HOSTEL CARETAKER/
OFFICE ASSISTANT

फोटो चस्पा करें

Paste Passport size
photo

RECOMMENDED

ASSTT. WARDEN/WARDEN

ALLOTTED

CHIEF WARDEN

Any chronic illness/disease that requires regular treatment/monitoring:

.....

PARENTs & Guardian's DETAILS (PI tick ICE –In Case of Emergency Relation):

	Mother	Father	Local Guardian
Name			
Mobile No.			
Email Address (in CAPITALS)			
Aadhaar no.			
Work Address			

Enclosures' Checklist:

S. No.	Document	YES/NO/NA
1.	Admission/Appointment Letter	
2.	NEET Rank Document	
3.	Acknowledged copy of Joining Report	
4.	Marriage Certificate (or any govt document showing married status)	
5.	Aadhaar Letter (Student/Resident)*	
6.	Aadhaar Letter (mother)*	
7.	Aadhaar Letter (Father)*	
8.	Any other document	

*: eAadhaar letter, downloaded UIDAI website, within last 1 month will also be acceptable.

MOTHER'S SIGNATURE

FOTHER'S SIGNATURE

LOCAL GUARDIAN'S
NAME & SIGNATURE
(If any)

Hostel Security Fee Details (to be after allotment and before taking charge of hostel room):
5000@& (Rupees five thousand Only); Receipt No.....dated:
(Enclose copy of the receipt.)

PADAM SRI Dr. SC RAI HOSTEL FEES DETAILS, TO BE PAID AT THE TIME OF HOSTEL ALLOTMENT (MBBS STUDENTS 2023-2024 BATCH)

(Three Seater)

Allotment	Boys Hostel RMLIMS, Lucknow
Name of the candidate	
Father Name	
NEET Roll No.	
AIR	
Regn. No.	
Address.	
Mobile No.	
Hostel Security money (Refundable)	5000/-
Hostel Fees	2400/-
Electricity Charge	2500/-
Air conditioner Charges (Three Seater)	12000/-
Total Amount	21900/-

Signature:

PADAM SRI Dr. SC RAI HOSTEL FEES DETAILS, TO BE PAID AT THE TIME OF HOSTEL ALLOTMENT (MBBS STUDENTS 2023-2024 BATCH)

(Four Seater)

Allotment	Boys Hostel RMLIMS, Lucknow
Name of the candidate	
Father Name	
NEET Roll No.	
AIR	
Regn. No.	
Address.	
Mobile No.	
Hostel Security money (Refundable)	5000/-
Hostel Fees	2400/-
Electricity Charge	2500/-
Air conditioner Charges (Four Seater)	9000/-
Total Amount	18900/-

Signature:

PADAM SRI Dr. SC RAI HOSTEL FEES DETAILS, TO BE PAID AT THE TIME OF HOSTEL ALLOTMENT (MBBS STUDENTS 2023-2024 BATCH)

(Seven Seater)

Allotment	Boys Hostel RMLIMS, Lucknow
Name of the candidate	
Father Name	
NEET Roll No.	
AIR	
Regn. No.	
Address.	
Mobile No.	
Hostel Security money (Refundable)	5000/-
Hostel Fees	2400/-
Electricity Charge	2500/-
Air conditioner Charges (Seven Seater)	5143/-
Total Amount	15043/-

Signature:

VEHICLE UNDERTAKING CERTIFICATE FROM PARENTS

We shri

(Father Name and Mrs

(Mother Name) hereby certify that my son/daughter Ms/Mr.....

Will not be keeping two wheeler or four wheeler vehicle during MBBS Course.

Signature of Student

Signature of Parents

1. Father.....

2. Mother.....

...

COUNTERSIGNED

INSTRUCTIONS FOR MBBS BATCH 2023-24 (GIRLS' HOSTEL)

1. Students requiring hostel accommodation shall bring their admission letter & seat allotment letter.
2. They have to take the **Hostel Allotment Form** and **Hostel Fee Form** from Hostel Staff in MBBS Girls' Hostel office, Nursing Building.
3. Hostel Allotment Form and Hostel Fee Form shall be duly filled by the student & submitted to Hostel Staff in MBBS Girls' Hostel office, 5th Floor, MBBS Girls' Hostel, Nursing Building.
4. Hostel fee form duly signed by hostel authority will be presented to Account section, Ground Floor Administrative Block during office hours by the candidate for submission of fee.
5. The duly filled Hostel Allotment form along with fee receipt copy and all other necessary documents (as listed below) have to be submitted in the hostel office.
6. The student shall be allotted room on first come first serve basis. Information regarding allotment will be communicated to the student and will also be put up on institute website.
7. Parents or guardians shall not be allowed in the hostel.

Following documents need to be submitted along with hostel allotment form.

1. Admission letter.
2. NEET rank document
3. Aadhar copy (Student)
4. Aadhar copy (Father)
5. Aadhar copy (Mother)
6. Hostel fee payment receipt
7. Vehicle Undertaking from Parents
8. Any other document

Protocols to be followed while staying in Hostel

- Bed, mattress, desk, chair and cupboard shall be provided by the institute.
- Students are expected not to roam around in the institute/hostel premises for no reason.
- Every students need to sign the inventory at the time of allotment of room.

Hostel leave rules

- No student is allowed to leave hostel without a consent letter from their parents.
- Proper leave application to be submitted by the hosteller's at least 48 hours prior of their planned leave.
- The planned leave application shall be submitted to the caretaker and to be countersigned by assistant warden. In case of emergency leave, the application shall be sent by parents or

approved local guardian either via mail or whatsapp/e-mail :
mbbsgirlshostellucknow@gmail.com

- All the leaves that are sanctioned will be informed to the parents.
- Parents shall also be informed by the caretaker in case any girl is not found in the hostel for the night attendance without leave information.

Students are expected to follow the hostel timing. Hostel gates will remain closed from 09:30 pm to 06:00 am. Strict disciplinary action shall be taken against the girl students who do not adhere to the hostel timing and do not follow the leave rules.

Girls' Hostel Allotment Form for MBBS Students)

(To be filled in CAPITAL letters, including EMAIL)

Date:

Receipt Date/Time:

NAME		Paste Passport size photo
FATHER's NAME		
MOBILE No.		
EMAIL (in CAPITALS)		
AADHAAR No.		
DATE OF ADMISSION		
NEET ROLL No. & RANK (State/National)		
GENDER	MALE/FEMALE	
MARITAL STATUS	MARRIED/UNMARRIED	
PERMANENT ADDRESS		
CURRENT ADDRESS		
Do you have own/family/ancestral house in Lucknow?	YES/NO	

APPLICANT'S SIGNATURE

RECOMMENDATION OF
UG Cell with (Seal)

Vacant/Allotted Room No
.....
MBBSGHNC Shaheedpath
/ Nursing Building:

HOSTEL OFFICE
ASSISTANT

RECOMMENDED	
ASST WARDEN	WARDEN

RECOMMENDED

CHIEF WARDEN

ALLOTTED

Dean/Director

Any chronic illness/disease that requires regular treatment/monitoring:

.....

PARENTS& Guardian's DETAILS (Pl tick the ICE – In Case of Emergency Relation):

	Mother	Father	Local Guardian
Name			
Mobile No.			
Email Address (in CAPITALS)			
Aadhaar No.			
Work Address			

Enclosures' Checklist:

S. No.	Document	YES/NO/NA
1.	Admission Letter	
2.	NEET Rank Document	
3.	Aadhaar copy (Student)	
4.	Aadhaar copy (Mother)	
5.	Aadhaar copy (Father)	
6.	Hostel fee Receipt	
7.	Vehicle Undertaking from Parents	
8.	Any other document	

MOTHER'S SIGNATURE

FATHER'S SIGNATURE

LOCAL GUARDIAN'S
NAME & SIGNATURE
(if any)



डा. राममनोहरलोहियाआयुर्विज्ञानसंस्थान
Ram ManoharLohia Institute of Medical Sciences
विभूति खण्ड, गौमतीनगर/VibhutiKhand, Gomti Nagar
लखनऊ-226010 (उ.प्र.) / Lucknow-226010(U.P.) India
E-mail Address : mbsgirlshostellucknow@gmail.com

Appendix 'C'

Dr RMLIMS, Vibhuti Khand, Gomti Nagar Lucknow

Hostel Fee Form

ALLOTMENT	Girls' Hostel Dr.RMLIMS, Lucknow
Name of Students	
NEET Roll No	
AIR	
Regn. No	
Address	
Mobile No	
Hostel Security Fee	Rs.5000/-
Hostel Fee	Rs.2400/-per year
Electricity Charge	Rs.2500/-per year
Total Rs. 9900/-	(in word Rupees nine thousand nine hundred only)

MBBS Girls' Hostel, Nursing Building
Main Campus, Dr.RMLIMS, Lucknow.



डा. राममनोहरलोहियाआयुर्विज्ञानसंस्थान
Ram ManoharLohia Institute of Medical Sciences
विभूति खण्ड, गोमतीनगर/VibhutiKhand, Gomti Nagar
लखनऊ-226010 (उ.प्र.)/Lucknow-226010(U.P.) India
E-mail Address : mbbsgirlshostellucknow@gmail.com

Appendix 'D'

VEHICLE UNDERTAKING CERTIFICATE FROM PARENTS

We, Shri _____ (Father name and
Mrs _____ (Mother Name) hereby certify that my
son/daughter Ms/Mr _____ will not be keeping and using
two wheeler or four wheeler vehicle during MBBS Course.

Signature of Student

Signature of Parents

1. Father _____
2. Mother _____

COUNTERSIGNED